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| --- | --- | --- | --- | --- | --- | --- | --- |
|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| 10AM | CHINESE  YOGA | TAI-CHI | CHINESE YOGA |  |  | TAI-CHI | EDGED WEAPONS |
| 11AM |  | ARCHERY |  |  |  | ARCHERY | ACROBATICS |
| 12PM |  |  |  |  |  |  | ADULT  MARTIAL ARTS |
| 4:30PM |  | KIDS 4-7  SELF DEFENSE |  | TAI-CHI | PRIVATE  CLASS |  |  |
| 5PM | KIDS 7-13  SELF  DEFENSE |  | KIDS 7-13  SELFD  EFENSE |  |  |  |  |
| 5:30PM |  | ADULT  MARTIAL  ARTS |  | ADULT  MARTIAL ARTS | ADULT MARTIAL ARTS |  |  |
| 6PM | ADULT  MARTIAL  ARTS |  | EDGED WEAPONS |  |  |  |  |
| 6:30PM |  | CHINESE YOGA |  | CHINESE YOGA |  |  |  |
| 7PM | KICKBOXING |  | KICKBOXING |  |  |  |  |
| 7:30PM |  |  |  | ACROBATICS |  |  |  |
| 8:30PM |  |  |  | ADULT MARTIAL ARTS |  |  |  |